ST MADELEINE'S PRIMARY

Food Coding
G- Green fill the menu
A- Amber select carefully
R- Red only occasionally
GF- Gluten Free

MORNING KICK START

Toast – jam or honey (A)	**1.50**
Raisin toast (A)	**1.50**
Fresh fruit salad (G)	**2.50**
Muesli and yoghurt (G)	**4.00**
Fresh seasonal fruit (G)	**1.00**
Up and Go – chocolate or strawberry	**2.80**

TREATS

Low fat banana bread (A)	**3.00**
Assorted mini muffins (A)	**3.00**

SALAD BAR

Garden salad (G & V)	**3.50**
Caesar salad (G)	**4.00**
Chicken Caesar salad (G)	**4.50**
Tabouli salad (G & V)	**4.00**

SANDWICHES (white/wholemeal/multigrain)

Vegemite (G)	**2.00**
Tasty cheese & salad (G)	**3.50**
Tasty cheese (G)	**3.00**
Tasty cheese & tomato (G)	**3.30**
Lean roast chicken (G)	**3.50**
Lean roast chicken, lettuce & mayo (G)	**4.00**
Lean lite ham, tomato & cheese (G)	**4.00**

WRAPS

Chicken Caesar schnitzel wrap (A)	**3.50**
Vegetarian wrap (G & V)	**3.50**
Chicken tandoori wrap (A)	**3.50**

Bread rolls $1.00 extra
Gluten Free bread also available

JAFFLES

Cheese (G)	**3.50**
Cheese & tomato (G)	**3.80**

HOT FOOD

Meat pie (A)	**4.00**
Potato top pie (A)	**4.50**
Sausage roll (A)	**4.00**
Mini pie (A)	**1.50**
Mini sausage roll (A)	**1.50**
Spinach and ricotta roll (A)	**4.50**
Chicken nuggets x 4 (A)	**3.50**
Chicken nuggets x 5 (A)	**3.80**
Chicken nuggets x 6 (A)	**4.00**
Chicken gougons x 4 (A)	**3.50**
Chicken gougons x 5 (A)	**3.80**
Chicken gougons x 6 (A)	**4.00**
Cheeseburger (A)	**5.00**
Chicken burger (A)	**5.00**
Lean Beef burger (G)	**5.00**
Garlic bread (A)	**2.00**
Nachos with salsa & cheese (A)	**4.50**
Oven baked potato wedges (A)	**4.00**
Chicken nuggets x 4 with mash potato	**5.00**

PASTA

Penne Napolitana (G & V)	**4.50**
Spaghetti Bolognese (A)	**4.50**
Mac & Cheese (A)	**4.50**
Traditional Lasagna (A)	**5.00**
Fried rice (A & V)	**3.50**
Butter chicken with rice (A)	**4.80**
Cheese pizza	**3.50**
Hawaiian pizza	**3.80**
Cheese & olive pizza	**3.80**

FOCCACIA

Vegetarian – eggplant, sundried tomatoes, capsicum & cheese (A & V)	**5.00**
Chicken – avocado, chicken, sundried tomatoes & cheese (A)	**5.00**
Chicken schnitzel – chicken schnitzel, roast capsicums, olives & cheese (A)	**5.50**

BEVERAGES

Plain milk 300mL (G)	**1.50**
Flavoured milk 300mL (G)	**3.00**
Water 600mL (G)	**2.50**
Flavoured water (G)	**3.00**
100% Juice popper (G)	**2.00**
Juice bottles (G)	**2.50**
Milkshakes (A)	**3.00**

SNACKS

JJ's	**2.00**
Orchy juice cup (G)	**1.50**
Zooper Doopers	**1.00**

BELLISSIMO CANTEEN SERVICES